HALLOWEEN HAPPENINGS

MIRACLE LEAGUE OF LEHIGH VALLEY HALLOWEEN BASH 2015
ARCH of LV is pleased to announce that we have been invited again this year to be a Trick or Treating booth at this spooktacular Halloween event!!! Children have the opportunity to Trick or Treat many booths located throughout the ballpark. Miracle League has graciously invited ALL children from ARCH of LV to attend this event on Wednesday, October 21st from 6:00-8:00pm. Miracle League of Lehigh Valley is located at 5858 Sell Rd, Schnecksville. Halloween costumes are recommended, but not required! Non edible treats will be given out at each booth to children who cannot have candy, please notify a volunteer upon arrival if your child will need to receive non edible treats. Registration is not required for this event. For any additional questions or information, please contact Robin Urenko, Parent Partner at urenkor@elwyn.org.

AUTISM SOCIETY LEHIGH VALLEY - BOO AT THE ZOO
Autism Society Lehigh Valley (ASLV) will be at BOO at the ZOO on October 24th 11:00am-3:00pm, Lehigh Valley Zoo is located at 5150 Game Preserve Rd, Schnecksville. ASLV will pay for the admission of child diagnosed with autism and one caretaker. For more information or to RSVP please contact Mimi @ mimi.ludwig57@gmail.com.
IRONPIGS SUITES & TREATS
ARCH of LV has received a private invitation to have children from ARCH attend the 8th Annual IronPigs Suites & Treats. This year’s event will be held on October 29th at Coca Cola Stadium. Suites and Treats provides children from local non-profit youth associations to attend this fun-filled, safe trick or treating event. As the event approaches we will receive a specific start time and designated start location (event is 6:00-8:00pm). ARCH of LV has been given a limited number of adult and children tickets for the event. These tickets are limited to children who attend ARCH of LV and their siblings, parents/caregiver and support staff if needed. In order to reserve your tickets please email Robin Urenko at urenkor@elwyn.org please include the full name for each adult and child you are requesting a ticket in your email and phone number. If you would like additional information or have questions, please call contact Robin Urenko at 610-295-2110, please do not call the Ironpigs.

SIBSHOPS
ARCH of LV’s Sibshops program will be kicking off another fun-filled session starting Friday October 30th from 6:30 - 8:30pm. Sibshops are a two hour lively, action-packed workshop that celebrate the many contributions made by brothers and sisters of kids with autism spectrum disorder.

NEW this year we will be meeting on Friday evenings and each Sibshop will have a theme and fun surprises!!! We will be starting our October Sibshops off with a FallFest Pizza Party!!!!

This is a great way for children to meet other children with siblings with autism and understand there are many others in similar situations. Please email Robin Urenko at urenkor@elwyn.org to sign up or if you have any questions.

Sibshops will be held on the following dates:

- October 30, 2015 - January 22, 2016
- November 20, 2015 - February 19, 2016
- December 11, 2015 - March 18, 2016
WEEKLY SUPPORT GROUP
ARCH of LV welcomes all to our weekly Parent/Caregiver Support Group held every Thursday morning 9:30-11:00. Limited childcare is available, 48 hour RSVP is required for childcare. Come out to listen, network and support others with children diagnosed with autism spectrum disorder.

ANNUAL LEGISLATORS MEETING
ARCH of Lehigh Valley and the Autism Society Lehigh Valley invite parents and caregivers to attend this year’s annual Legislators Meeting on Thursday October 15th 6:45-8:30pm. This meeting will provide you with an opportunity to speak directly with state representatives and ask important questions. In order to have as many issues addressed as possible we welcome questions in advance. Please direct your questions or topics to Mimi Ludwig at mimi.ludwig57@gmail.com.

Schedule for meeting:
6:45 - 7:15 - Informal pizza dinner (provided in Cloud Room)
7:15 - 8:30 - Information session and discussion (Moderated by Mimi Ludwig)

*If attending the informal pizza dinner please RSVP with the number of adults and children participating. Limited childcare is available during the event, reservations are required. Please contact ARCH of LV to RSVP at 610-573-2500.

MANY THANKS
ARCH of LV extends an enormous thank you to Common Ground Motorcycle Club. On August 22nd Common Ground hosted their 1st Annual Ride With the Dog for Autism. Eighty riders and passengers enjoyed the eighty five mile scenic route starting at Blue Mountain Pub, stopping at ARCH of LV and ending at Drinky’s in center square Easton. We thank all of the participants, volunteers and sponsors for raising over $2,000 for ARCH of LV. It is through the generosity of groups like Common Ground Motorcycle Club that we are able to enhance the programs and services that are offered at ARCH of LV.

ARCH of LV THANKS everyone who participated in our 7th Annual Autumn Scramble for Autism. Sixty nine golfers, twenty two sponsors and seventeen volunteers ALL contributed to make this year’s golfing event our most successful, raising $11,000!!!! THANK YOU!!!!
SAVE THE DATE

DECEMBER 13, 2015 -
ARCH of LV & Autism Society Lehigh Valley Annual Holiday Party 2:00-5:00pm at ARCH of LV. Join us in celebrating the holiday season, this year's party will include: crafts, food, entertainment, games and much more. To register please call ARCH of LV at 61-573-2500.

February 28, 2016 -
ARCH of LV's 4th Annual Bags, Baskets, Bling Bingo this year's NEW LOCATION will be held at Macungie Memorial Park. Tickets will go on sale in November!!! For sponsorship information, questions or to reserve tickets - please contact Robin Urenko at urenkor@elwyn.org.

April 17, 2016 -
Lehigh Valley Phantoms Autism Awareness Night Lehigh Valley Phantoms last home game of the season will also be Autism Awareness Night!!! Autism Society Lehigh Valley and ARCH of LV are working with the LV Phantoms to bring autism awareness to the PPL Center!!! Event flyer will be posted on our Facebook page, website and at ARCH of LV as soon as details are finalized. Don't miss this exciting event!!!

April 29, 2016 -
ARCH of LV's 7th Annual Wine Tasting & Auction Event please join us for an evening of dinner and dessert buffet, wine tasting and tour, live and silent auction and entertainment at Blue Mountain Vineyard in New Tripoli. Tickets go on sale in December, a PERFECT holiday gift!!! For sponsorship or additional information please contact Robin Urenko, Event Chair at urenkor@elwyn.org.

Connect with us through Facebook for updated event info at:
ARCH of Lehigh Valley
KIDS YOGA AT ARCH!!!!!

Fall 2015

Classes are taught by Sarah Dennehy, M.Ed., a BSC and BHRS Clinical Supervisor at ARCH. Sarah is certified through Kidding Around Yoga to teach yoga to children up to age 12. The Kidding Around Yoga program will be modified as needed based on the needs of children on the Autism Spectrum. The level of difficulty for each of the poses is low.

The benefits of yoga include increased strength, muscle tone, gross motor skills, balance, flexibility, and sensory awareness. Self-esteem, self-awareness, and self-confidence are all improved through yoga.

Each class will incorporate the following:
- Meditation techniques
- Songs, games, and activities that include yoga poses
- Deep relaxation toward the end of class
- Controlled breathing and mindful exercises

Classes will be held at ARCH of LV on Monday afternoons from 6:15pm - 6:55pm for 8 weeks, beginning September 14, 2015. Children up to age 12 on the Autism Spectrum, as well as their siblings, are welcome to attend. Those who require assistance to participate can bring a parent, TSS, aide, etc., who may participate free of charge. Parents are required to stay on-site for the duration of the class, and are encouraged to participate with their child.

Yoga class dates will be:
September 14, 21, 28; October 5, 12, 19, 26; November 2

Participants pay weekly as they attend. Cost is $5.00 per class.
Call ARCH of LV at 610-573-2500.

facebook.com/mindfulkidsyoga